# UNITE

GOOD

# Rotary International District 3182, Zone IV November 2025 Issue 04 Rotary

The Voice of Unity from Zone 4



Rtn K Palaksha **District Governor RI Dist 3182** 



Rtn Amit Aravind **Assistant Governor** Zone IV, RID 3182





Rtn Dr Srikanth Zonal Learning Prabhu Facilitator **Zonal Secretary** 



Rtn Janardhan **Zonal Lieutenant** 





Rtn Smitha **Zonal Lieutenant** 

Rotary



Zonal Editor





Is it the TRUTH? Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS? Will it be **BENEFICIAL** to all concerned?

### Assistant Governor's Message - November 2025

Dear Rotarians.

Warm greetings to all!

The past month has been filled with enthusiasm, meaningful service, and wonderful fellowship moments across our Zone. I'd like to begin by congratulating all our clubs for the fantastic activities and efforts you've put in.

In October, Rotary Udupi Udyavar successfully completed their Official Governor Visit 2025-26 hearty congratulations to the entire team for the excellent arrangements. It was the first OGV of our Zone and went really well.



We also had the AG Club Assemblies of Rotary Manipal Town and Rotary Katpadi, followed by the Official Governor Visit of Rotary Manipal Town, which was organized beautifully. The coordination and programs were truly commendable. A special mention to the club's wonderful project — the donation of a vehicle to the Hospice Centre by Rtn. Ganesh Nayak — a noble initiative that truly reflects Rotary's spirit of service.

Meanwhile, we witnessed a wonderful Walkathon jointly organized by Rotary Udupi and Rotary Manipal Town, with active participation from KMC, held one day before World Polio Day. It was a great awareness initiative — congratulations to both clubs for making it impactful.

On 2nd November, our Zonal Cultural Event hosted by Rotary Udupi was grand, colorful, and very well organized. Congratulations to Rotary Udupi for emerging as Champions, and to Rotary Aisiri Parkala for being the Runners-up. Best wishes to all the winners who will represent our Zone at the District Cultural Finals in **Sringeri on 23rd November** — we are confident you'll make our Zone proud!

We also had our Zonal TRF Seminar on 24th October, hosted by Rotary Manipal Hills. The event was insightful with an excellent panel discussion that inspired many to strengthen their commitment to Rotary Foundation.

Looking ahead, we have the Zonal Sports Meet scheduled for 29th and 30th November, hosted by Rotary Manipal Town. Let's support and participate wholeheartedly to make it another memorable success.

As November is Rotary Foundation Month, I urge every member to contribute generously towards The Rotary Foundation (TRF). Your support will help us continue "Doing Good in the World" and uplift those in need.

Hearty congratulations to our Zonal Editor, Rtn. Prashanth Hegde, for bringing out the colorful 4th issue of Rotary One.

Let's carry forward this spirit of teamwork, service, and fellowship — and together, make our Zone shine as the best in the District.

Yours in Rotary, Rtn. Amit Aravind Assistant Governor - Zone 4 Rotary District 3182

## **District Activities**

## **Zonal Learning Facilitator's Message**

Dear Rotary Leaders,

As you know November is **The Rotary Foundation Month**. We can proudly say that **The Rotary Foundation (TRF)** is **of the Rotarians by the Rotarians for the World to do Good in the World**. **TRF** transforms our gifts into service projects that change lives both close to home and around the world. Born as an endowment fund in 1917, the brainchild of **RI President Arch C Klumph** with its initial contribution US Dollar 26.50. **TRF** is also known as Temple of Rotary Fraternity. More the visit makes life happier and purposeful. Draw the attention of Rotarians to contribute towards **TRF**. Showcase the success stories of **TRF** projects. Give Rotary information to the members about the Grants. Funds and Recognitions. Promote the contributions towards **Paul Harris Fellows**. TRF is the best Charity to donate which has **4 star Charity Navigator's highest ranking since 2007** among more than 8000 top charities by US rating agency.



The humanitarian programs of **TRF** to improve the **quality of life**, providing health care, clean water, food, education and other essential needs primarily in the developing world (anything coming under Rotary's seven Areas of Focus).

Thank you Rtn Dr Ganesha A Zonal Learning Facilitator – Zone 4 Rotary District 3182

## 3rd Zonal Review Meeting













The 3rd Zonal Review Meeting was convened on Monday, 13th October 2025 at the Parkala Dental Clinic, Main Road, Parkala. The session was held under the leadership of District Governor Rtn K Palaksha and Assistant Governor Rtn Amit Aravind, whose guidance added great value to the proceedings. The meeting was graciously hosted by Zonal Lieutenant Rtn Smitha Kamath, who ensured smooth coordination and warm hospitality for all attendees.

The review witnessed the active participation of key **zonal leaders**.

The meeting focused on evaluating ongoing projects, sharing best practices, and aligning future initiatives with the district's vision of **Unite for Good**. The Club Leaders engaged in meaningful discussions on service activities, club performance, and opportunities for enhanced community impact. The event reflected strong camaraderie, commitment, and collective resolve to drive Rotary's mission forward in Zone IV.

## **Zonal Activities**

## Srinidhi - Zonal Seminar on TRF & PolioPlus







The Rotary clubs of Zone IV hosted a significant **Zonal Seminar on The Rotary Foundation (TRF) and PolioPlus** on **Friday, 24th October 2025 at 6:00 PM** at **Manipal Hills, Mannapalla, Manipal**. The event was organized by the **Rotary Club of Manipal Hills**, bringing together distinguished district leaders, panelists, and Rotarians to deepen collective understanding of Rotary's global initiatives.

The seminar was graced by the presence of several eminent Rotary leaders:

- Chief Guest: IPDG Rtn CA Dev Anand, District Governor 2024–25, RI Dist 3182
- Inaugurator: Rtn Amit Aravind, Assistant Governor, Zone IV
- Keynote Address: Rtn Subrahmanya Basri, District Chairman, PolioPlus Committee
  Presiding Officer: Rtn Suresh Rai, President, RC Manipal Hills

Their insights highlighted the enduring vision of **The Rotary Foundation** and the importance of sustaining momentum toward global polio eradication

A comprehensive panel discussion on TRF was held, moderated by:

• Rtn Dr A Ganesh – Zonal Learning Facilitator

The distinguished panelists included:

- Rtn Dr Girija District Chair & PHS Coordinator, TRF Committee
- Rtn Janardhan Bhat Zonal Lieutenant
- Rtn Umesh Salian Zonal Coordinator, TRF
- Rtn Dr Prabhakar Renjal District Coordinator, PolioPlus

The panel addressed **TRF** programs, funding avenues, grant utilization, and strategies to strengthen club participation in Foundation giving.

Their presence added value to the proceedings and reinforced the zone's commitment to **impactful service**. The event served as an important platform to enrich understanding of Rotary's humanitarian mission, strengthen inter-club collaboration, and reaffirm the commitment toward a **polio-free world**.

## **Zonal Activities**

## Walkathon - Celebration of World Polio Day









As part of the global observance of World Polio Day, Rotary Udupi, Rotary Club Manipal Town, Rotaract Club Udupi & Rotaract Club KMC Manipal organized an inspiring Walkathon on Thursday, 23rd October 2025, held at the Interact Hall, MAHE, Manipal. The event aimed to spread awareness about Rotary's commitment to eradicating polio and to reinforce the message: "End Polio Now: Every Child, Every Vaccine, Everywhere."

The Walkathon was graced by eminent leaders and dignitaries:

- Chief Guests:
  - Dr Sharath Rao Pro Vice Chancellor, Manipal Academy of Higher Education
  - o Sri Prateek Bayal, IAS CEO, Zilla Panchayath, Udupi
- Flag Off:
  - o Rtn K Palaksha District Governor, Rotary International District 3182
- Guests of Honour:
  - o Rtn Subrahmanya Basri K S District Chairman, PolioPlus
  - Rtn Amit Aravind Assistant Governor, Zone IV
  - Rtn Rekha Upadhya Vice Chairman, Rotary Public Image & PR
  - Rtn Dr Prabhakar Renjal Zonal Coordinator, PolioPlus, Zone IV
  - o Rtn Umesh Salian Zonal Coordinator, TRF, Zone IV

Their presence reinforced the significance of Rotary's decades-long fight to eliminate polio across the globe. The event witnessed the active involvement of **Rtn Subrahmanya Basri K S** – District Chairman, PolioPlus, **Rtn Y Suraj Kumar** – President, Rotary Udupi, **Rtn Deepak Ram Bairy** – President, RC Manipal Town, **Rtn Arjun** – President, Rotaract Club Udupi, **Rtr Vrishan Shetty** – President, Rotaract KMC Manipal.

The Walkathon reflected the spirit of service and collaboration, inspiring every participant to continue advocating for a world free from polio. Together, the Rotary fraternity reaffirmed their commitment to this noble cause — **Let's Walk Together for a Polio-Free World** 

#### **RC Aisiri Parkala**



**Rotary Club Aisiri Parkala**, **RCC Aisiri**, and the **N**arayana Guru Seva Sangha jointly organized an awareness workshop on *financial management* and self-employment in personal and professional spheres.

The session was conducted by Resource Person Rtn. Rajesh Shenoy. Around **50 participants** benefited from the workshop.





An End Polio Walkathon was organized, through which ₹23,000 was raised for the Polio Fund

#### RC Udupi Udyavara







**Rotary Club Katpady** successfully completed their **Official Governor Visit** (GOV) on 9th October. As part of **Road Safety project**, Rotary Parkala installed a Road Traffic Safety Precaution Display Board during GOV.

**Rotary Club Udupi Udyavara** conducted a bus stand cleaning drive to promote cleanliness

#### **RC Katpady**

Assistant Governor Rtn. Amit Aravind conducted the Club Assembly ahead of the District Governor's official visit to RC Katpady.



#### **RC Manipal**



Inaugurated **Social Forestry Project** at Havanje. About 350 fruit yielding plant saplings were planted in barren land.



**Drive against Rabies**: In association with **Captain's Animal Care Trust, RC Manipal** jointly conducted "Birth control & Vaccination of Dogs" programme



**Honoured** the 'Easy Life enterprises' Manager recognising their support in environment related projects



Conducted Free Health Check-up & Health Awareness Camp. A total of 117 people benefited from the camp



Rtn. Karunakar Shetty and Rtn. Hema Shetty attended the weekly meeting of Rotary Club Parramatta, Sydney, Australia and **exchanged the Club Flag** with the President Rtn. Graham Cook



Rotarians of **RC Manipal** celebrated **Deepavali** with the inmates of **Hosabelaku Ashrama**, a home for destitutes. Sponsored the food and donated a commercial Mixer/grinder and some clothes

#### **RC Manipal Hills**



Members of Rotary Club Manipal Hills with Rotractors of ITI Pragathi Nagara, Manipal and locals cleaned the Mannapalla Lake totally under the project Save and clean water for 3 days



**Dental Checkup** and Screening Camp was arranged at T. A. Pai English medium School Kunjibettu, Udupi. **185** students of that school **participated**. Dental checkup was done by the team from KMC dental college Manipal





**Cyber Security Awareness** program was conducted at our Rotaract college ITI Pragathi Nagara, Manipal by Manipal Police Station. Sri. Mahesh Prasad, SI delivered a detailed lecture on **Cyber Crimes** and how to save ourselves from them. More than 100 ITI students participated this program with their lectures



Joint meeting was held between RC Manipal Hills and RC Udupi Midtown at Hotel Kidiyoor. There we exchanged flags between each other. This is inter regional flag exchange between Zone-4 and Zone-3



Organized a Awareness Programme, under the **Pulse Polio** 2025 campaign at Children's Library Auditorium, Mannapalla. Pulse Polio District Chairman Rtn Subramanya Basri inaugurated the campaign and in his summit speech, he explained the role of Rotary in eradicating polio. Pulse Polio Coordinator Dr Prabhakar Ranjala called for the success of Rotarys peak project to eradicate polio. Members donated to Rotarys Pulse Polio Fund.

#### **RC Manipal Town**





Rotary Club Manipal Town celebrated Gandhi Jayanthi with Anthim Yatra: Swachh Path at Anthya Samskara Dhama, Indrali Rudrabhoomi, on October 2, 2025. This event was part of Swachh Bharath Abhiyan, focusing on maintaining cleanliness and dignity in final journeys, aligning with Rotary's **Unite for Good** initiative. Members of Rotary Club Manipal Town participated in cleaning and maintaining the premises and raised awareness about respectful final journeys



Rotary Club Manipal Town hosted the inauguration and installation ceremony of the new Rotaract Club of Kasturba Medical College, Manipal. The ceremony marked the establishment of the Rotaract Club of KMC, aligning with Rotary's Unite for Good initiative.



On October 15, 2025, Assistant Governor Rtn. Amit Aravind conducted the Club Assembly ahead of the District Governor's official visit.



Assistant Handing a **4 wheeler vehicle** to Manipal hospice **Aravind** and respite center on behalf of Rotary club **ly** ahead Manipal town worth Rs 7 lakh sponsored by Rtn ial visit. Ganesh Nayak

#### **RC Parkala**



Rotary Club of Parkala organized an enlightening awareness session led by Ms. Shyamala Shetty, Coordinator of Sudarshan Kriya Yoga, Parkala Division on 11 Oct 2025. The event focused on holistic well-being, emphasizing techniques to manage mental stress, maintain body balance, enhance immunity, and understand the benefits of Dhyana (meditation) and Yoga

## **RC** Udupi



15 Oct-Weekly meeting -Information on World Diabetes day and Polio Plus programmes of rotary



ongoing project of distribution of insulin for diabetic children who are in need and cant afford



Anns day was celebrated along with Rotaractors, Innerwheel members.



Weekly meetings of 8th & 29th October - preparations for forthcoming **Zonal Cultural meet** 





WALKATHON

Membership Growth - Zone IV				
Rotary Club	Members as on 30th June 2025	Members as on 31st October 2025	Growth since 01 July 2025	% of Female Rotarians
Aisiri Parkala	26	28	+2	14.29
Katpady	26	26	0	15.38
Manipal	69	75	+6 (4 Female Rtns)	45.33
Manipal Hills	29	30	1	31
Manipal Town	39	44	+5 (1 Female Rtn)	15.91
Parkala	30	36	+6 (2 Female Rtns)	17.14
Udupi	62	69	+7 (2 Female Rtns)	29
Udupi Udyavara	14	14	0	0

UNITE FOR GOOD

Time: 5.00 PM

